



Product Recipe Information

Kerry, Global Technology & Innovation Centre, Millennium Park, Naas, Co. Kildare, Ireland

Phone: +353 45 931 000

Product Recipe

Date: 04/07/18 - Version 1

Product Recipe No: 20053032 (J25)

Ham & Mushroom Carbonara **Using Lucas Bechamel Sauce Mix – 20053032**

Recipe: (makes 2 trays – Scale up accordingly)

Ingredients:-

Diced Ham 100g
Sliced Mushrooms 100g
Grated Orange Cheddar Cheese 100g
Parmesan Cheese
Pasta – 250g (Parboil for 1 minutes and cool under cold water)
Cracked Black Pepper for garnish
Made up Bechamel Sauce 500g (75g Bechamel Sauce Mix and 425g Cold Water)

Method:-

1. To make the béchamel sauce. Weigh out the dry béchamel sauce mix in the recipe above and add the measure amount of water. Mix both thoroughly together.
2. Add the pasta, diced ham, sliced mushrooms to ovenable trays.
3. Pour over the made up béchamel sauce
4. Sprinkled on the Cheddar Cheese (a little parmesan if desired)
5. For decoration sprinkle a little cracked black pepper over the top.

The Ham & Mushroom carbonara can be sold as a kitchen ready product, either in foil, cpet or similar ovenable trays.

Note: The sauce is freeze stable, so is suitable for making in large batch sizes.

Cooking instructions:

- Oven cook. Cooking temperature 190°C
- During cooking, stir the sauce a couple of times.
- Cook until piping hot, or an even temperature of 72°C is reached.

LABELLING:-

The product must be labelled in compliance with European Food Information to consumers Regulations No 1169/2011

For specific queries on Labelling of final products, customers are recommended to discuss the matter with their Local Trading Standards Department. If you wish to use other meats please use the butcher's calculator on the Lucas Ingredients Web Site - www.lucas-ingredients.co.uk to work out your meat content and quid declarations. You must also ensure that the product has the correct meat minimum content if it has a reserved description.



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CONTACTING LUCAS:-

For further information or advice on the product formulation or use of the ingredient please contact your sales representative or Kerry on +353 45931000 or Freephone customer helpline 0800 1385837. Whilst all care is taken in the compilation of the above information, Kerry can accept no liability in respect of its use.

At Lucas we've been manufacturing quality ingredients for butchers and food retailers since 1926. With many "firsts" to our name, including the development of yeastless rusk all those years ago and more recently the introduction of flavoured complete cure blends, we've remained at the forefront of many important developments in the manufacture of food ingredients. Our track-record of supporting butchers and other food retailers over the years will surely continue and our customers can rely on our ongoing commitment. Lucas Ingredients is a division of Kerry PLC.

For the full product range and further information please visit our website:

Website: www.lucas-ingredients.co.uk Our website is packed with useful information and details about our products, so we hope you'll find it an inspiration.



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